

Catawba Valley Medical Center Vision Plan

Enjoy the Simplicity of CEC!

Enrolling in CEC gives you the vision services you need and the ability to select the eyewear you want. With CEC, there's never any confusion about what's covered. It's that simple!

Why enroll in CEC? Here are a few simple reasons:



Simplicity

The CEC benefit is the simplest vision plan ever designed. It's easy-to-understand and easy-to-use.



Savings

CEC's vision benefits can save you up to 70% on routine eye



Network

CEC's national provider network includes private practices and major retail chains.

	The Benefit	Bi-Weekly Rates
150 Plan	<ul style="list-style-type: none"> An eye exam once a year (\$15 co-pay) A \$150 allowance for eyewear annually (\$15 co-pay) A contact lens fitting, re-fit, or evaluation once a year (\$15 co-pay) 	Employee Only \$3.97 Employee + Spouse \$8.25 Employee + Child(ren) \$7.74 Employee + Family \$12.31
250 Plan	<ul style="list-style-type: none"> An eye exam once a year (\$15 co-pay) A \$250 allowance for eyewear annually (\$15 co-pay) A contact lens fitting, re-fit, or evaluation once a year (\$15 co-pay) 	Employee Only \$8.23 Employee + Spouse \$16.87 Employee + Child(ren) \$15.94 Employee + Family \$25.49

Plan Features

Your Allowance. Your Decision.

Your eyewear allowance is completely flexible. That means you can get frames, lenses, contact lenses and/or special lens options. You can even purchase non-prescription eyewear!

Eyewear Discounts

Members who exceed their allowance are eligible for discounts on the coverage when seeing a network provider — a 20% discount for glasses and a 10% discount for contact lenses.

Members Portal

CEC's website, cecvision.com, gives you 24/7 access to find a provider, view your benefit information, check your current eligibility, print a temporary ID card and more.



Questions about your benefits?

Our customer service team is available at 888-254-4290, Monday - Friday, 8:30 AM-7:00 PM, and Saturday, 10:00 AM-4:00 PM.

Additional Plan Features

Out-of-Network Benefit

Members who obtain exams and eyewear from a non-credentialed provider still receive their full covered benefit. The member simply submits a claim to CEC and is reimbursed for the cost of their exam (minus the co-pay) and for the cost of their eyewear, up to the amount of their eyewear allowance (minus the co-pay).

Portability Benefit

Existing CEC members who terminate employment will be able to enroll in the portability plan within 60 days of their termination date. Coverage will commence on the first day of the month following receipt of the member's completed form. New membership cards will be mailed to the member prior to their new effective date.

LASIK Discounts

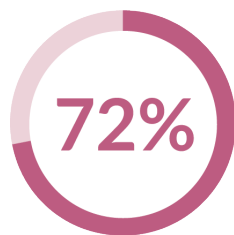
Members receive up to a 50%* discount on LASIK from participating providers.

Coverage for Fittings & Evaluations

Maximum coverage for contact lens fittings is \$100, and maximum coverage for contact lens evaluations is \$80.

The Importance of Vision

Routine eye care is more than just reading a chart on the wall. At your visit, your doctor will check the health of your eyes, which is important to your overall health and well-being. Undiagnosed diseases, such as diabetes, high blood pressure and glaucoma, can be detected during an annual eye exam. And as a CEC member, you can even purchase non-prescription sunglasses to protect your eyes from the sun.



of Americans need glasses or contact lenses



Studies show that eye strain and other bothersome visual symptoms occur in 50-90% of computer workers.

Visit [CECVision.com](https://www.cecvision.com) to find a provider

**Relative to national averages*