



PERSONAL TRAINING

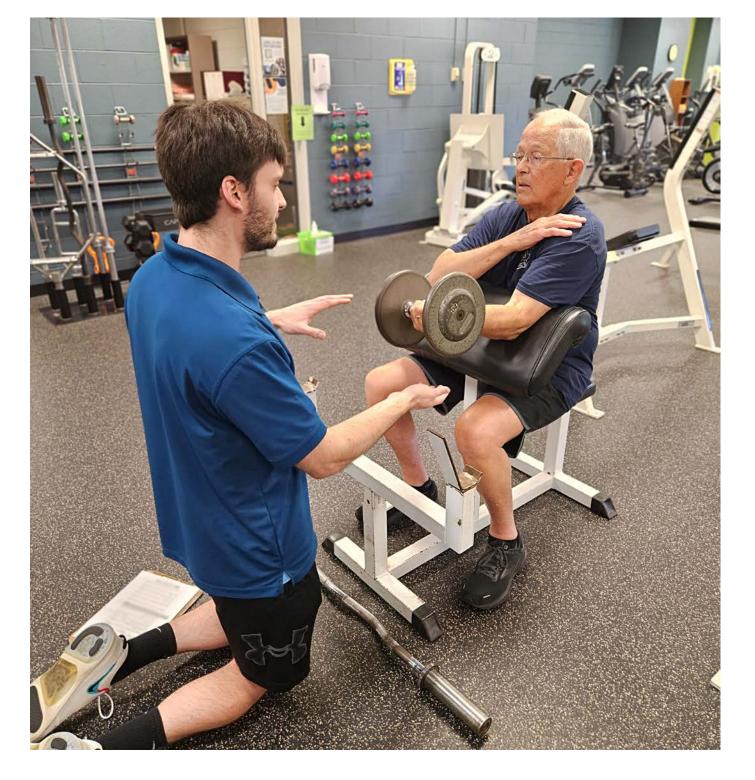


Prevent Injuries.

V Reach your Goals!

30 Minute Sessions

4 Sessions	\$124
8 Sessions	\$232
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12 Sessions \$312

60 Minute Sessions:

- 4 Sessions \$176
- 8 Sessions \$336
- 12 Sessions \$456

New Client Special

Assessment + 3x 30min Sessions **\$110**

