



Medical Health History Form

Patients Name: _____

DOB: _____ Age: _____

The following medical questionnaire is confidential and will not be released to anyone unless you authorize us to do so.

Current Medications: What medications are you currently taking (please include name, dose, and how often you take)?

Horizontal lines for writing current medications.

Medical History: Have you ever had any of the following? If so, please explain in detail in the space to the right of each listed.

- 1. High Blood Pressure Yes []
2. Diabetes Yes []
3. Cancer Yes []
4. Heart Trouble Yes []
5. High cholesterol Yes []
6. Hepatitis or liver problems Yes []
7. Kidney Disease Yes []
8. Bladder or urinary problems Yes []
9. Bowel or gastrointestinal problems Yes []
10. Asthma, Allergies, or hay fever Yes []
11. Migraine Headaches Yes []
12. Lung/Respiratory Disease Yes []
13. Anxiety/Depression Yes []
14. Other Mental Illness Yes []
15. Anemia or Other Blood Condition Yes []
16. Sexually Transmitted Disease(s) Yes []
17. Other Reproductive Problems Yes []
18. Seizures or Epilepsy Yes []
19. Stroke Yes []
20. Other Neurological Problems Yes []
21. Thyroid Problems Yes []
22. Arthritis or other joint problems Yes []
23. Drug or alcohol abuse Yes []
24. Skin disease or cancer Yes []
25. Any other serious medical conditions? Yes []

Allergies/Intolerances: Please list any allergies or intolerances and what reaction happens. Please list medication allergies and any other allergies.

Horizontal lines for writing allergies and intolerances.

Surgical and Hospitalization History: Have you ever had surgeries, or have you ever been hospitalized? Please list below along with date.

Horizontal line for writing surgical and hospitalization history.

Family History: Have any blood relatives (parents, grandparents, uncles, aunts, brothers, sisters cousins, children) ever had?

	Yes	Who?		Yes	Who?
Allergies or Asthma	<input type="checkbox"/>	_____	High Blood Pressure	<input type="checkbox"/>	_____
Breast Cancer	<input type="checkbox"/>	_____	Stroke	<input type="checkbox"/>	_____
Colon Cancer	<input type="checkbox"/>	_____	Kidney Disease	<input type="checkbox"/>	_____
Prostate Cancer	<input type="checkbox"/>	_____	Birth Defects	<input type="checkbox"/>	_____
Other Cancer	<input type="checkbox"/>	_____	Blood Abnormality	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	_____	Seizures/Epilepsy	<input type="checkbox"/>	_____
Heart Trouble	<input type="checkbox"/>	_____	Mental Illness	<input type="checkbox"/>	_____

Social History:

Tobacco Use: Do Not Use Cigarettes Oral Tobacco Number of cigarettes per day _____ How soon after you wake up do you smoke your first cigarette? _____ Are you interested in quitting? Yes No

Alcohol Use: Do Not Use Social Drinker Number of Drinks per week _____ Type of alcohol _____

Drug Use: Do Not Use Marijuana IV Drugs Other _____

Marital Status: Single Married Divorced Widowed Other _____

Occupation: _____ Employer: _____ Education Level: _____

Are you sexually active? Currently Previously but not currently High Risk Sexual Activity (multiple partners, history of STDs)

Exercise: None Occasionally Regularly What Kind? _____ For How Long? _____

Caffeine Use: Do Not Use Occasionally Number of times per day _____ Type of Caffeine _____

Review of Systems: Check all that you have had in the past 3 months

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> Sore Throat | <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Sleep Changes |
| <input type="checkbox"/> Fever/Chills | <input type="checkbox"/> Sore(s) in Mouth | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Loss of Appetite | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Bladder Control Loss | <input type="checkbox"/> Problems Focusing |
| <input type="checkbox"/> Night Sweats | <input type="checkbox"/> Palpitations | <input type="checkbox"/> Painful Urination | <input type="checkbox"/> Disturbing Thoughts |
| <input type="checkbox"/> Sleep Disturbance | <input type="checkbox"/> Irregular Heartbeat | <input type="checkbox"/> Back Pain | <input type="checkbox"/> Hyperactivity |
| <input type="checkbox"/> Weight Gain | <input type="checkbox"/> Ankle/Leg Swelling | <input type="checkbox"/> Joint Pain | <input type="checkbox"/> Moodiness |
| <input type="checkbox"/> Weight Loss | <input type="checkbox"/> Cough | <input type="checkbox"/> Joint Stiffness | <input type="checkbox"/> Suicidal Thoughts |
| <input type="checkbox"/> Vision Changes | <input type="checkbox"/> Snoring | <input type="checkbox"/> Limited Movement | <input type="checkbox"/> Change in Periods |
| <input type="checkbox"/> Irritated Eyes | <input type="checkbox"/> Irregular Breathing | <input type="checkbox"/> Muscle Pain/Cramps | <input type="checkbox"/> Excessive Sweating |
| <input type="checkbox"/> Dizziness | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Muscle Weakness | <input type="checkbox"/> Excessive Thirst |
| <input type="checkbox"/> Hearing Loss | <input type="checkbox"/> Abdominal Pain | <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Excessive Hunger |
| <input type="checkbox"/> Ringing in Ears | <input type="checkbox"/> Constipation | <input type="checkbox"/> Skin Changes/Rashes | <input type="checkbox"/> Problems with Heat |
| <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Fainting/Black Outs | <input type="checkbox"/> Problems with Cold |
| <input type="checkbox"/> Nasal Obstruction | <input type="checkbox"/> Heartburn | <input type="checkbox"/> Speech Difficulty | <input type="checkbox"/> Abnormal Bleeding |
| <input type="checkbox"/> Nose Bleeds | <input type="checkbox"/> Swallowing Problems | <input type="checkbox"/> Headaches | <input type="checkbox"/> Bruising |
| <input type="checkbox"/> Postnasal Drip | <input type="checkbox"/> Nausea or Vomiting | <input type="checkbox"/> Memory Loss | |
| <input type="checkbox"/> Sinusitis | <input type="checkbox"/> Difficulty Urinating | <input type="checkbox"/> Anxiety | |

Screenings/Prevention:

Have you ever had any of the following immunizations? If so, when?

Influenza (flu) Pneumonia Tetanus Hepatitis B

Date: _____ Date: _____ Date: _____ Date: _____

When was the last time you had fasting blood work completed? _____ Was it normal? Yes No

Male Patients: Please complete the following:

When was your last prostate exam or PSA blood test level checked? _____

When was the last time you were checked for colon/rectal cancer (either with colonoscopy or through rectal exam)? _____

Female patients: Please complete the following:

Last Menstrual Period began: _____ Are you periods regular? Yes No

Age You Started Menstruation: _____ How often do you menstruate? Every _____ days.

How long do your periods last? _____ days. Bleeding is mild moderate severe.

Do you have any cramps? Yes No

Total Number of Pregnancies: _____ Births: _____ Miscarriages: _____

Do you use birth control? Yes No

What Form of Birth Control? _____ Are you happy with this method? Yes No

When was your last pap smear? _____ History of any abnormal mammograms? Yes No

When was the last time you were checked for colon/rectal cancer (either with colonoscopy or through rectal exam)? _____

Other Concerns: Any other concerns you would like to address with the Provider today during your visit?
