At Catawba Valley Medical Group (CVMG), we have you covered 24/7. We're here for you after clinic hours during the week, and on weekends too!

Important - Do not ignore a health emergency.

If a situation seems life threatening, call 911 right away.

Not a health emergency?

We offer extended hours, making it easier to receive care during hours that suit your schedule. Some practices are open early in the morning, in the evening, or on the weekend. Visit www.cvmgonline.org to see if your physician's office offers extended hours.

## **During office hours:**

Contact your CVMG physician's office by phone
OR Contact your CVMG physician's office by patient portal: https://health.healow.com/cvmg

## **After Hours/Weekends/Holidays**

Call 828.324.0258 to speak with the CVMG physician on-call **OR** see a CVMG provider at

Catawba Valley Urgent Care - Maiden (Maiden, NC):

Weekends: Saturday 9:00am -1:00pm

Address: 137 Island Ford Road, Maiden, NC 28650

Phone: 828.428.2446

Catawba Valley Urgent Care - Claremont (Claremont, NC):

Weekdays: Tuesday & Thursday 5:30pm - 8:30pm

Address: 3114 West Main Street, Claremont, NC 28610-9609

Phone: 828.459.7324





## **Family Practices**

**Catawba Valley Family Medicine - Bethlehem** 174 Bolick Lane, Taylorsville, NC 28681

Phone: (828) 495-8226

Catawba Valley Family Medicine - Claremont 3114 West Main Street, Claremont, NC 28610 Phone: (828) 459-7324

Catawba Valley Family Medicine - Graystone 3511 Graystone Place, Conover, NC 28613

Phone: (828) 326-9355

**Catawba Valley Family Medicine - Maiden** 137 Island Ford Road, Maiden, NC 28650 Phone: (828) 428-2446

Catawba Valley Family Medicine - Medical Arts 24 2nd Avenue NE, Hickory, NC 28601 Phone: (828) 328-2231

**Catawba Valley Family Medicine - Mountain View** 2712 S NC 127 Hwy, Hickory, NC 28602

Phone: (828) 330-0511

Catawba Valley Family Care - Newton

105B South Main Avenue, Newton, NC 28601 Phone: (828) 464-7770

Catawba Valley Family Medicine - North Hickory 212 29th Ave. NE Suite 1, Hickory, NC 28601 Phone: (828) 326-0658

**Catawba Valley Family Medicine - NE Hickory** 2365 Springs Road NE, Hickory, NC 28601 Phone: (828) 256-2112

Catawba Valley Family Medicine - Parkway 5045 Hickory Blvd, Hickory, NC 28601 Phone: (828) 212-1020

Catawba Valley Family Medicine – South Hickory

1985 Startown Rd. Suite 102, Hickory, NC 28602 Phone: (828) 327-4745

Catawba Valley Family Medicine - Sherrills Ford

3900 Terrell Park Drive, St. 100 Sherrills Ford, NC, 28673 Phone: (828) 732-5450

Catawba Valley Family Medicine - Taylorsville

50 Macedonia Church Rd, Suite A Taylorsville, NC 28681 Phone: (828) 632-7076

Catawba Valley Family Medicine - Viewmont 1205 North Center Street, Hickory, NC 28601

Phone: (828) 324-169

Catawba Valley Family Medicine–W Mountain View 1940 Briarwood Drive Suite A, Hickory, NC 28602 Phone: (828) 672-1101

## Choose the right health care setting when you need it.

The quality and cost of medical care can vary widely, depending on where you go for treatment and services. If possible, go to your Catawba Valley Medical Group (CVMG) primary care/family doctor for medical care. Your CVMG team knows you best and can quickly access your medical records.

There are times when you might need treatment and services at facility other than your doctor's office. The following are examples of different health care providers and the services they generally provide:

Doctor's Office Visit	Urgent Care Center Visit	Emergency Room Visit
\$ - Lowest Cost	\$\$ - Slightly Higher Cost	\$\$\$\$\$\$\$\$ - Highest Cost
Visit your doctor's office when you need routine care or treatment for current, non-life threatening health issues. Your doctor knows you and your health history and can provide:  Routine checkups Annual wellness visits Preventive care Immunizations Treatment of minor injuries, sprains and strains Treatment of common infections Care to manage your general health* Same day appointments Saturday clinic (walk-in and scheduled appointments) A CVMG physician on-call available to speak with you by phone when the clinic is closed	Urgent care centers offer treatment for urgent, but non-life threatening injuries or illnesses. They are available on a walk-in basis and offer extended weekday hours and weekend hours to provide:  Treatment of minor infections Treatment of minor injuries, sprains, strains, minor broken bones Small cuts that may need a few stitches*	The Emergency Room (ER) is for the treatment of life-threatening conditions that require immediate medical attention such as:  Chest pain Difficulty breathing Signs/symptoms of stroke Sudden change in vision Severe injury Heavy bleeding Large open wounds Major broken bones*  Catawba Valley Medical Center and CVMG are part of the same health care system, which allows the hospital and your doctors to care for you in the hospital and at home.

\* This is a sample list of services and is not all-inclusive

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